



Just Make It Through Today

DISCOVERING GOD'S WORD BIBLE STUDY SERIES

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Jesus said, “Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble” (Matthew 6:34). I think that we can often grow discouraged and lose our strength in facing the challenges of life because we can feel overwhelmed by facing the same kinds of challenges day after day after day. While it is important to make plans in accordance with the Lord’s will and not just live in the moment, it is essential that we recognize there is no promise of a tomorrow on this earth (James 4:13-16). So, our first concern must always be to respond properly to the needs, trials, and temptations of the day!

1) Today’s needs. There are many people who do not know how they will survive tomorrow. This is the kind of situation Jesus was addressing in Matthew 6:25-34. Jesus teaches us not to worry about our lives – even as it concerns food and clothing. Instead, He teaches us to focus on serving God and put Him absolutely first in our lives. He said, “But seek first the kingdom of God and His righteousness, and all these things shall be added to you” (Matthew 6:33). Seek God first and trust Him to supply you with the things you need for the day. Jesus taught us to ask the Father to simply “Give us this day our daily bread” (Matthew 6:11).

2) Today’s trials. There are many trials that you will surely face throughout your life *if* you live long enough. However, you do not have to face all your life’s trials in one day. And, even though you may be facing great trials now, God does not give you more than you can bear (read the story of Job). Instead, the Bible teaches that we should “count it all joy” when we “fall into various trials,” knowing that the testing of our faith makes us stronger when we are faithful to the Lord through them (James 1:2-4). Determine that you will be strong through your trials today and not worry about what may happen tomorrow. Remember that Jesus said, “Sufficient for the day is its own trouble” (Matthew 6:34).

3) Today’s temptations. The devil is walking about this earth as “a roaring lion, seeking whom he may devour” (1 Peter 5:8). He is hurling fiery darts at us and trying to destroy us (Ephesians 6:16). It may be that Satan has you under assault right now. Perhaps you are struggling with an addiction. Perhaps you are struggling to make a change God wants you to make. Perhaps

Satan is luring you away from God through the physical pleasures or treasures of this world. While the temptations we face are often strong, we must rest assured that God does not give us more than we can bear and know that He does provide the way of escape from every temptation (1 Corinthians 10:13). James teaches us how. He says, “Therefore submit to God. Resist the devil and he will flee from you” (James 4:7). Now, you don’t have to find strength to face all of Satan’s future temptations at this moment. You only must make it through the temptations that you face today.

The only day you must make it through is today. Yesterday is in the past. Tomorrow may never come. Therefore, live your very best that you can to be pleasing to God today. If you seek God first, He will give you all the strength you need to face and win this day. And, if the Lord gives you another day to live on this earth for Him, just continue to focus on each day until you reach eternity. On that Day, all the challenges of life will seem as though they were nothing! So, don’t allow the decisions you make today keep you from spending eternity in Heaven!

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